

Phillip Koontz, former Navy SEAL of over six years, takes his life lessons forged through the trials of SEAL training and currently helps others practically apply them to their personal, professional and family lives.

Over the last decade Phillip has enjoyed success as a motivational speaker in business, academic, athletic and religious environments. He has spoken in hundreds of events both in-person and virtually where he tailors his inspiring stories and lessons in the SEAL Teams to fit the occasion and audience. His most sought after talks include:

<u>Overcoming Adversity</u>: A Navy SEAL's Advice on Facing Life's Many Challenges

Prepared For The Unknown: 3 Practical Lessons From a Navy SEAL That Will Give You Peace Of Mind,

<u>Living Free and Fearless</u>: Self-defense Course for Everyday Situations

Three Dimensional Leadership: Learning to Lead in All Environments and Circumstances.

Phillip's acclaimed book: *The Truth Behind My Trident* gives a snapshot of a day in the life of a Navy SEAL as he pulls back the curtain, revealing the behind the scenes culture of this elite group. Given our cultural esteem for SEALs, it would be a rare chance to meet Phillip and hear about his powerful experiences. His use of live videos, personal operational gear and powerful stories will instantly capture your interest and will surely be remembered for years to come.



Phillip has his Master's Degree in Leadership and is a Life and Executive Business Coach. He also holds leadership webinars, mentors Special Forces candidates and volunteers with the Anti-Trafficking Bureau, a nonprofit organization which rescues, restores and protects children trapped in the sexual exploitation industry.

For more information please visit his website at www.philkoontz.com, or to book a speaking engagement, email info@philkoontz.com.